

## The 21<sup>st</sup> century has begun. What changes do you think this new century will bring?

The digital era has begun and I believe that information and communication technology plays the most pivotal role in this era (it). The contemporary modern life is full of surprises with an abundance of new challenges. We must get prepared for it if we don't want to fall behind this ever-improving world.

I would argue that the most significant change (major, boldest) in contrast with the past centuries is **change** in the form of works. In other words, most jobs were used to be physical in the past. Many workforces had been employed by companies in order to take part in doing a physical job. To exemplify, the process of manufacturing a car, a TV or any other device, but now most of these jobs are getting done by the help of robots. These electro-mechanical devices carrying out almost every piece of work from the process of manufacturing a car to assisting doctors in a surgical procedure.

Furthermore, modes of communication has been changed drastically over the past years and still is developing. Communication has substantially became easier, however, it has brought a substantial mental and communication disorders to its wake. To exemplify, people used to manage to meet or at least to call each other on various occasions and that kind of communication was more upbeat in contrast with nowadays super brief greetings which is mostly a two-words sentence, like: "Happy Birthday". This trend although has its up sides, however, has become destructive to humans' mental health and to reverse it we must arrange to stop it and to arrange meet friends and family whenever it is possible.

In conclusion, the new era has substantially changed our lifestyle in a positive way, nevertheless, if it not get under control, it could effects peoples' mental health negatively.